

# Children & Youth in Care Day

2024 | 10<sup>th</sup> Anniversary #ForgetMeNot



Ontario Association of  
Children's Aid Societies



CHILDREN'S  
AID FOUNDATION  
OF CANADA

## Be There for Kids in Care: Write Your MPP for Children and Youth in Care Day 2024

Use the message below to write to your local Member of Provincial Parliament (MPP) by letter or e-mail. Find your local MPP and their contact details [here](#). We encourage you to personalize the message by explaining why supporting children and youth in and from care matters to you.

### Template Letter

MPP [NAME]  
[NAME OF RIDING]  
[CONSTITUENCY OFFICE ADDRESS]

Dear MPP [NAME],

My name is [YOUR NAME] and I live in [NAME OF RIDING].

Each year, on May 14, the [Ontario Association of Children's Aid Societies](#) (OACAS) and the [Children's Aid Foundation of Canada](#) (CAFC) recognize Children and Youth in Care Day alongside children's aid societies and Indigenous Child and Family Well-Being Agencies (child welfare agencies). Proclaimed into law through the Children and Youth in Care Day Act, 2014, it is a day to recognize the valuable contributions of current and former youth in care to communities across Ontario. It is also a time to acknowledge the strength and resilience shown by these young people in the face of adversity.

May 14, 2024, marks the 10th anniversary of Children and Youth in Care Day. The day was created because of the stories, experiences, and recommendations youth in and from care through the [My Real Life Book](#) report. The report centred the voices and stories of children and youth in and from care and highlighted their distinct needs.



This year, OACAS and CAFC are continuing the #ForgetMeNot campaign and amplifying the stories of six young people with experience in the Ontario child welfare system, as well as the influential people in their lives who contributed to their well-being and success.

Their stories remind us that we all have a role to play in supporting children and youth in and from care. This includes Members of Provincial Parliament. I encourage you to read the [OACAS 2024 Pre-Budget Submission](#) and learn more about services and supports young people in and from care need.

I urge you to speak up at Queen’s Park and ensure children and youth in and from care are not forgotten.

Sincerely,

[YOUR NAME]  
[ADDRESS/POSTAL CODE]  
[CONTACT INFO]