

Ontario Dress Purple Day: Lesson 4



Activity: Helping Hands

Grade Range: JK – Grade 2

Task Time: 20 minutes per activity

Activity Objective:

The goal is to enhance Ontario Dress Purple Day with activities that reinforce the concept of a community that cares for kids and the importance of asking for help.

Materials Needed:

Option 1: Helping Hands

- Template available in package

Activity Description:

Option 1: Helping Hands

1. The teacher demonstrates to children how to trace their own hand next to the template of an adult hand.
2. Working alone or in partners, children use a purple crayon or marker to trace their handprint.
3. Inside the image of the adult hand, children will use coloured pencils or crayons to draw adults in the community that they can go to for help.
4. Inside the image of their hand can draw images of:
 - *The person/people that take care of me and keep me safe and well*
5. Incorporate the purple theme into the activity:
 - *Outline the children's hand in purple*
 - *Colour all of the space around the hands purple*
 - *Use purple paint to create a hand print*
 - *Use coloured construction paper to create a purple border around drawings*
6. Go through the following discussion questions:
 - *Name two adults you can go to for help. If children cannot think of helping adults, meet with them privately and help them to brainstorm other adults and sources of support.*
 - *What about here at school? Can you think of adults that work at the school that you could go to for help?*



- *Can you think of other community helpers who wear special uniforms or do special jobs? (doctors, paramedics, nurses, dentists, counselors, social workers, etc.)*

7. Hold an art show and invite other classes to come see the Dress Purple sharing wall. Visit other classrooms that have their own sharing wall.

Comments and/or Additional Resources:

- Reminder: Facilitator has a legal duty to report suspected child abuse and neglect. Please refer to the "Guide for Education Professionals" for in-depth information on identifying signs of abuse and neglect, and Duty to Report.