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VAX FACTS



January 13, 2022

The purpose of *VaxFacts* is to share credible and up to date information about the COVID-19 vaccine to assist with the conversations you are having with children, youth and families. If you have a resource or event that you think the sector would benefit from, send it to us via covid19@ocas.org and don't hesitate to share this email.

Check out ocas.org/EveryShotCounts and ocas.org/maxthevax for a collection of the best resources from previous editions of *VaxFacts* and more!

Omicron continues to be the source of high rates of infection. We couldn't have said it better than than #ScienceUpFirst/#LaSciencedabord. Read the excellent summary about the reality of Omicron [here](#) in English or here in [French](#).

**Get vaccinated/boosted.
Wear a well-fitting mask.
Ventilate your spaces.
Limit gatherings.**

COVID-19 Vaccination Resources

- Timing for when to get your booster if you've had COVID-19 symptoms varies across jurisdictions, please check your local public health unit's guidance. Provincial guidance on that timing if you've tested positive for COVID-19 varies across the country, ranging from Quebec's suggestion [to simply wait until your symptoms go away](#) to a recommendation from Ontario's top doctor, Doctor Moore, [to hold off for 30 days](#).
- Confused about masks? We aren't! And we can help—read this [Masks 101](#) document we prepared that compares the different types of masks.
- Are you doing in-person visits in your community? Refer to our [checklist](#) for help in doing so safely.
- We update the resources on the [Max the Vax](#) website weekly to ensure that you have the best and latest resources to support the conversations you are having with families. And if you'd like some Max stickers to help engage families in conversations, email us at maxthevax@oacas.org.
- Know someone who is impacted by misinformation? Try using Like or Not, a game made to fight vaccine misinformation. Play it, or share it, [here](#).
- If you are working with someone who has questions best answered by a health care provider, help them arrange to speak to an expert. If their questions relate to kids, call the Sick Kids [COVID-19 Vaccine Consult Service](#). Adults? Call VaxFacts by setting up an appointment [here](#). Both services are free and have multilingual health care providers available to answer questions.

Plan to attend...

- Join the VaxFacts team over at [@CovidVaccineFacts](#) for an Instagram Live on Wednesday January 19 at 5 PM EST. We will be speaking with Dr. Cora Constantinescu, a pediatric infectious disease doc at the University of Calgary, and will be taking questions about all things COVID-19. You don't need Instagram to join! Simply put the [link](#) in your browser at the time of the Live and you will be prompted to join.
- January 27 is [National Kids & Vaccines Day!](#) ScienceUpFirst, Children's Healthcare Canada, and the Sandbox Project are encouraging organizations that support kids and vaccines in any way to join [#KidsVaccineDay](#) on social media and promote vaccine confidence to protect Canadian kids. As part of the day they will host a Town Hall for parents and caregivers at 8 PM EST. Healthcare leaders from across the country will be available to answer questions and share the best available evidence. [Register today](#) and share it with the parents and caregivers in your network!

About the Ontario Association of Children's Aid Societies:

Since 1912, OACAS has represented Ontario's Children's Aid Societies in Ontario and provided service in the areas of government relations, communications, information management, education and training to advocate for the protection and well-being of children.

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