

# Muxuu ilmahaygu u qaadanayaa tallaalka COVID-19?

Tallaalka wuxuu caawiyaa carruurta in ay ka hortagaan cudurka COVID-19.  
Tallaalka wuxuu ilaaliyaa bulshada isagoo yareynaya faaftaanka COVID-19.



## Runtii carruurta hadda ma u baahan yihiin tallaalka COVID-19?

Haa. Halista caabuqa COVID-19 wali waa sarraysaa. Sida ugu dhakhsaha badan ee carruurta u helaan tallaalka, ayaa aad loo ilaaliyaa



## Waa kuwee tallaalka COVID ee ilmahayga 5-11 jir ah la siin doono?

Carruurta da'doodu u dhexeyso 5-11 sano ee Kanada waxay heli doonaan qiyaas yar oo ah tallaalka Pfizer-BioNtech (10 maykaroogaraam, saddex meelood meel qiyaasta loo isticmaalo dhalinyarada iyo dadka waaweyn). Qiyaaso yaryar ayaa si fiican ugu shaqeeya carruurta sababtoo ah waxay leeyihiin jawaab celin difaac adag marka loo eego dadka waaweyn. Waxay u baahan doonaan laba qiyaasood.



## Tallaalka COVID-19 ma badbaado buu u yahay carruurta?

Caafimaadka Kanada, dhowr saynisyahano iyo cilmi-baarayaal ayaa si taxadar leh dib u eegay caddeynta caafimaad ee la haayo mana qabaan walaacyo ammaan oo weyn oo ku saabsan tallaalka. Dhibaatooyinka soo raaca ee ugu badan ee tallaalka COVID-19 waxaa ay la mid yihiin waxyeelada fudud ee ay la kulmeen tallaalkada kale, sida xannuunka goobta la muday, daal, jir xannuun, madax xannuun, qandho, iyo qarqaryo. Waxyeelooyinkan soo raaca ayaa soo hagaagaya dhowr maalmood ka dib.

Xaalado dhif ah, dhalinyarada qaarkood ayaa la kulmay barar muruqa wadnaha ah (myocarditis) ama xuubka dibadda ee wadnaha (pericarditis) ka dib markii ay heleen tallaalka COVID-19; badankooda waxay roonaadeen dhowr maalmood gudahood. Daraasadaha lagu sameeyay carruurta da'doodu u dhexeyso 5-11 sano ee qaatay tallaalka COVID-19, ma jiraan kiisas bararka wadnaha ah. Inaad la bukooto COVID ayay aad ugu dhowdahay inay keento caabuqa wadnaha marka loo eego tallaalka.

**Tallaalka COVID-19 wuxuu ka caawin karaa carruurta inay caafimaad qabaan si ay dugsiga u joogaan oo ay waqti ula qaataan asxaabtooda. Ilmahaaga tallaalka sida ugu dhakhsaha badan!!**

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