

I can't fix this by myself.
I don't like when **YOU** do that.
I'm feeling uncomfortable.
Things **ARE** not ok. I need help.
I have a problem. I feel unsafe.
I don't have anyone to talk to.
I don't know what to do. I'm down.
This is **NOT** what I want.
I don't like being made fun of.
I need to talk to someone.
I feel **ALONE**.

YOUR COMMUNITY IS HERE TO SUPPORT YOU.

SPEAK UP FOR YOUR RIGHT TO SAFETY AND WELL-BEING

ONTARIO DRESS PURPLE DAY

OCTOBER 24

oacas.org/DressPurpleDay