



# **Minwaashin Lodge-Aboriginal Women's Support Centre**

## **Sacred Child Presents**

### **"Empowering Our Way of Parenting"**

**Every Monday -12 week Parenting Circle**

**Starts January 11, 2016**

**Ends-March 28th, 2016**

**Time: 12:30 pm- 2 pm**

**Location: 1155 Lola Street-Lower Level**

**Come learn our ways of parenting at our weekly program**

**Ages and stages-child development- 0 to 6 yrs**

**Topics include 13 moons teachings, Addictions info, Attachment, HIV/AIDS awareness , FASE, options in child care, self esteem, Goals as a parent, and Celebration**

**Aboriginal, Inuit, and Metis Specific**

**Free Snacks & information provided**

**The Sacred Child Parenting Program is an approved Parenting Program site by the Children's Aid Society of Ottawa**

**Register with Elaine Kicknosway –Manager, Child/Youth programs @ 613-741-5590 ext 234**

**or Florence Hiltz - Sacred Child Assistant ext 227**

**Funded Through Public Health Agency of Canada**